

BEST JOURNAL

Mobility diary of: _____

Date: _____

Context analysis (to be conducted prior to mobility)

The analysis of the professional and organizational context involves careful observation of reality, study of the difficulties and strengths of the organization and particularly of your profession, and identification of threats and opportunities for future development. We ask you to carry out this activity with a SWOT analysis. This model will give you the tools to best develop the mobility experience abroad, stimulating your spirit of observation and analysis.

Internals	<p>STRENGTH Current Strengths</p> <p>What do I do well? What resources do I have at my disposal? What strengths am I recognized by the outside world?</p> <p>In what areas is my organization leading the way? In what aspects does my industry excel?</p> <p>What are we good at internationally?</p> <p>Actions: maintain, build, consolidate, etc.</p>	<p>WEAKNESSES Current Weaknesses</p> <p>What are the obstacles I face in my work? What are my weaknesses?</p> <p>What are the most negative aspects of my organization? What should be avoided? What are the causes of the problems?</p> <p>In what do we need to improve internationally?</p> <p>Actions: strengthen, overcome, improve, etc.</p>
Externals	<p>OPPORTUNITIES Favorable Future</p> <p>What future opportunities lie ahead for my profession? And for my organization?</p> <p>What good opportunities lie ahead for me professionally? What interesting trends am I aware of in my field? How can I use strengths to seize opportunities for improvement?</p> <p>What development opportunities does Europe offer? What future opportunities lie ahead for my profession by opening up to Europe? What about for my organization?</p> <p>Actions: explore, seize, etc.</p>	<p>THREATS Future Threats</p> <p>What threats and obstacles lie ahead for my profession? And for my organization? What weaknesses are most likely to threaten my professional goals?</p> <p>What obstacles might there be for internationalization?</p> <p>Actions: Identify, predict, investigate, etc.</p>



Information gathering (to be realized during the mobility)

During the foreign mobility you have the opportunity to gather some information that is important for documenting the experience and for reworking a future innovative proposal.

Photographs

Normative reference

Organizational models (structure, organizational chart, planning)

Methods and tools used



Rework - Innovative project proposal (to be implemented at the end of the mobility)

At the end of the mobility, we ask you to reelaborate the experience you have just had. Below you will find an outline so that you can briefly and clearly describe an innovative project proposal of yours.

Finally, we ask you to summarize your proposal in a short slide presentation in order to be able to disseminate it and make it known to other teachers/work service workers/training tutors as well.

Design idea

Describe your innovative idea in a few lines. It can be an innovation of methods, tools, service organization, etc.

Feasibility analysis

Indicate the possibilities for implementing your idea by paying attention to the regulatory, structural, organizational constraints present.

Organizational aspects

Indicate what changes you need to bring to the organization to implement your idea. You can also make a flow chart or organizational chart.

Tools

Indicate the tools you need to acquire, modify, implement for the realization of your idea

Didactic Modalities/Methodologies

Describe the methods/methodologies you plan to propose for the implementation of your idea.

Impact

Describe what kind of impact your idea could have within the school/training agency and in the relevant territory.



Questionnaire and Final Self-Assessment Form. (To be implemented upon return of mobility)

Appreciation

Indicate your level of satisfaction related to the mobility experience (0=very bad; 5=very good; N.A. Not Applicable)

QUESTIONS	EVALUATION						
Preparatory activities	0	1	2	3	4	5	N.A.
Organization of mobility	0	1	2	3	4	5	N.A.
Innovative aspects observed in mobility	0	1	2	3	4	5	N.A.
Availability and preparation of the hosting staff	0	1	2	3	4	5	N.A.
Tools and materials received	0	1	2	3	4	5	N.A.

Competences

Indicate how much you think you have improved your skills through mobility (0=no improvement; 1= Negligible improvement; 2= Perceived improvement; 3= Good improvement; 4= Net improvement; 5=Consistent improvement; N.A.=Not Applicable)

REFERENCE PROFILE	COMPETENCES	EVALUATION						
TRANSVERSAL	Identify strategies and operational methodologies in other community contexts	0	1	2	3	4	5	N.A.
TRAINER	Provide didactic materials relevant for the training	0	1	2	3	4	5	N.A.
GUIDANCE ORIENTATOR	Managing the guidance support	0	1	2	3	4	5	N.A.
TRAINING TUTOR	Organizing internship opportunities in a network dimension	0	1	2	3	4	5	N.A.
Notes:								

